



# Build your own 'Smart' Lunch

Just the way 'you' like it



Start 'Smart'  
by choosing what  
Salad you'd like.

Dont want Salad this  
time?

Then go to the cheese  
box and choose from  
there or head to the  
next box to choose a  
Meat.

Keep choosing from  
each box until you  
build your lunch

Just the  
way 'YOU'  
like it



**SALAD**  
Lettuce  
Tomato  
Cucumber  
Carrot  
Red Onion  
Choose any or all  
For \$2.00

**CHEESE**  
Sliced  
Grated Tasty  
Parmesan  
Fetta  
Add \$1.00 each

**MEAT**  
Chicken  
Ham  
Tuna  
Roast Beef  
Crumbed Chicken Tender  
Oven Baked Fish Fillet  
Crab Meat  
Add \$2.00 each

**Something  
Extra Special**  
Sundried Tomato  
Roasted Pumpkin  
Avocado  
Corn  
Rice  
Capsicum  
Beetroot  
Chick peas  
Olives  
Mushroom  
Egg  
Add \$1.00 each

**Dressed By  
Request**  
Buttered  
Salt & Pepper  
Mayonnaise  
French, Italian  
Caesar  
Mustard  
Choose any  
No charge

**Place it in**  
White Bread  
Wholemeal Bread  
Small Tub  
(fork included)  
Add \$1.00

or

White Roll  
Wholemeal Roll  
Large Tub  
(fork included)  
Sushi Roll  
Focaccia  
Wrap  
Add \$2.00

Fresh  
or  
Toasted  
(No charge)